
CARE 2021 SYMPOSIUM

GROWING OLDER IN SINGAPORE

Findings from a National Longitudinal Study of Older Adults

TUESDAY, 16 NOVEMBER 2021

9AM - 1.30PM (SGT)

ZOOM

THE SIGNS STUDY

Transitions in Health, Employment, Social Engagement and Intergenerational Transfers in Singapore (THE SIGNS) Study is a longitudinal survey designed to identify patterns, determinants, and outcomes of health, work, retirement, social engagement, volunteerism, intergenerational transfers and lifelong learning among older Singaporeans.

PRESENTATION TOPICS

- Overview of THE SIGNS Study
- Changes in Health Expectancy over time
- Transition in social network types
- Association of receipt of support from children with older adult well-being
- Retirement effects on physical activity
- Prevalence and correlates use of digital technology
- Lifelong learning and volunteering

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