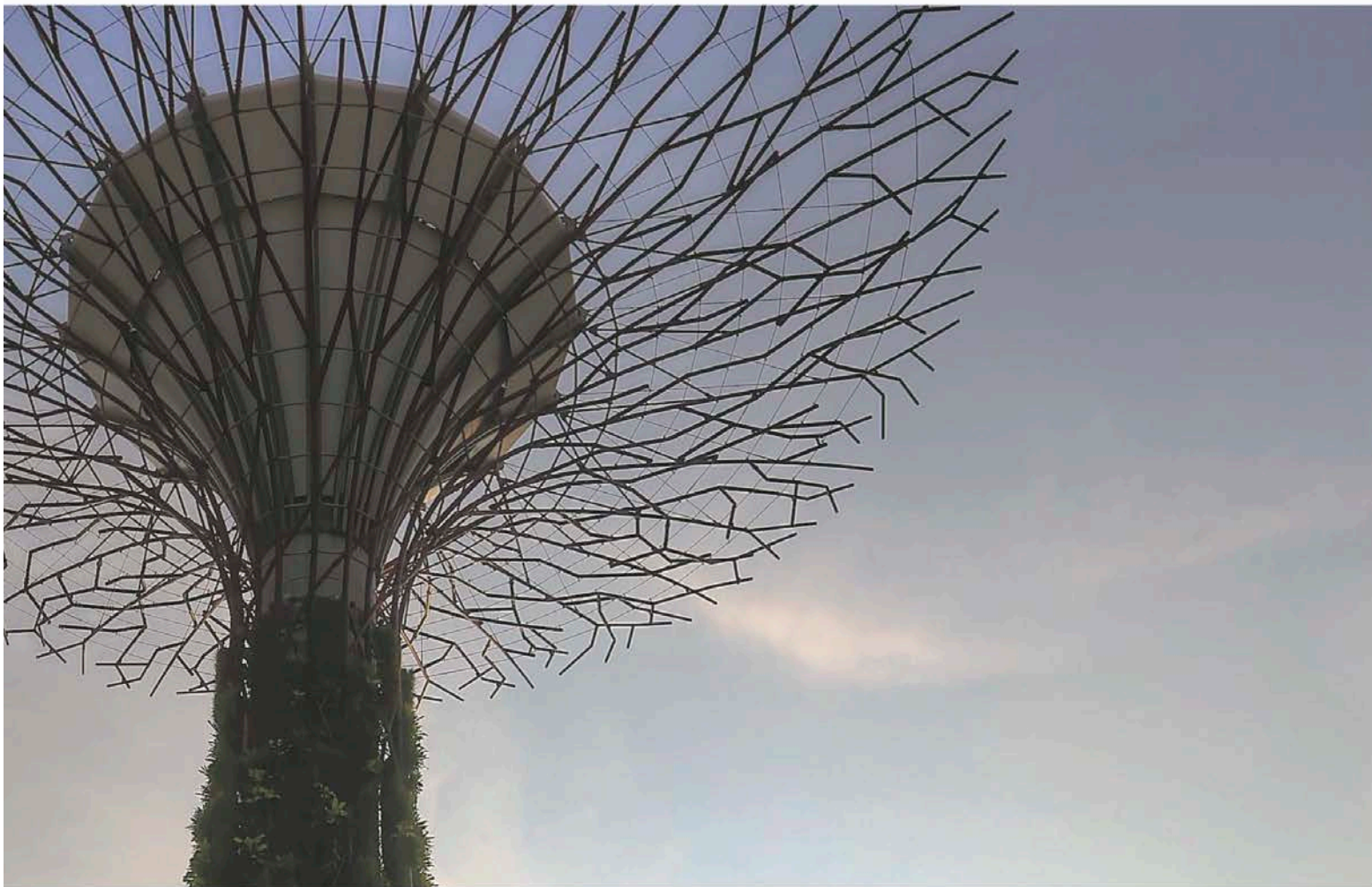


8TH APRU POPULATION
AGEING CONFERENCE

Ageing & Resilience in the 21st Century

11th- 13th October 2017 Singapore

*New developments and findings on physical, social
and mental wellbeing of older adults.*



Introduction

1

The world is ageing rapidly. The number of people 65 and older is projected to triple from 531 million in 2010 to 1.5 billion in 2050. By 2050, most countries would be trading in their young for the old as the share of their population that is 65 and older surpass those 15 and younger. This demographic shift is accompanied by wider changes in the society including continuing low fertility rates, late marriages, preference for singlehood and migration amongst others. Whilst longevity is a definite cause for celebration, societies worldwide are still grappling with the “how to” of harnessing its potential and possibilities, a critical endeavour as family sizes shrink and increased life expectancies challenge existing infrastructures.

Successful adaptations turns on the resilience of the individual, family, and society, yet, what exactly is resilience for the ageing person and the ageing society.

The conference aims to answer these questions as it deliberates on ways of defining and measuring resilience. It will also feature successful strategies and approaches to enhance the resilience of older adults, their families and communities at all levels including physical, psychological and social.

Themes

ONE
What is resilience – explorations of the different types of resilience from physical, mental to financial, social and other dimensions

TWO
How should resilience be measured

THREE
What are the factors that impact on resilience – the adverse episodes, stressors

FOUR
What are the factors associated with resilience – age, gender, ethnicity, health and well being, self perceived health, relationships and social networks, personal characteristics, others

FIVE
What are the measures to promote resilience – at policy and programme levels

Programme Outline

2

Wednesday, October 11 TH	07:30 – 09:00	Registration
	09:00 – 09:10	Welcome Address
	09:10 – 09:20	Opening address
	09:20 – 09:30	Opening Ceremony
	09:30 – 10:30	Keynote Presentation: <i>Defining Resilience</i>
	10:30 – 10:45	Tea Break
	10:45 – 11:45	Keynote Presentation: <i>Measuring Resilience</i>
	11:45 – 13:15	Scientific Session I : <i>Defining Resilience</i>
	13:15 – 14:15	Lunch
	14:15 – 15:45	Scientific Session II : <i>Measuring Resilience</i>
	15:45 – 16:15	Tea Break
	16:15 – 17:30	Panel Discussion: <i>Directions for Resilience Research</i>

Thursday, October 12 TH	08:00 – 09:00	Registration
	09:00 – 10:00	Keynote Presentation: <i>Improving Resilience – Strategies and Approaches</i>
	10:00 – 11:00	Scientific Session III: <i>Promoting Physical and Psychological Resilience</i>
	11:00 – 11:30	Tea Break
	11:30 – 13:00	Scientific Session IV: <i>Promoting Physical and Psychological Resilience</i>
	13:00 – 14:00	Lunch
	14:00 – 15:30	Scientific Session V: <i>Promoting Social Resilience</i>
	15:30 – 16:00	Tea Break
	16:00 – 17:30	Scientific Session VI: <i>Creating Environments for Resilience</i>
	17:30 – 18:00	Closing Ceremony

Friday, October 13 TH	Post Conference Workshop	
	09:00- 17:00	Longitudinal Data Analysis in Ageing Research
	Local Educational Trips	
	09:00 – 12:30	Innovative programmes to improve wellbeing and resilience of older Singaporeans

TODAY REGISTER

3

The Centre for Ageing Research and Education (CARE) is proud to be hosting the Association of Pacific Rim Universities 2017 Population Ageing Conference: Ageing and Resilience in the 21st Century.

At the Population Ageing Conference, you will have great opportunities to learn, connect, and grow. Network with senior representatives from the field of ageing - leading researchers, ministry officials as well as practitioners from all over the world. Join us and feel inspired in the exchange of knowledge, practices and connections you need to enrich your pursuit of promoting active and resilient ageing.

You may choose to register for attending the conference only, the workshop only or both.

Early Bird Registration ends 15 August 2017

	Early Bird 15 May - 15 Aug	Regular 16 Aug - 10 Oct	Local Educational Tours	Post-Conference Workshop
Professional Full Conference	300	400	Included	100
Professional 1 Day Conference	200	250	Included	100
Student Full Conference	200	300	Included	100
Student 1 Day Conference	200	300	Included	100

Rates quoted in SGD and inclusive of 7% GST

FUNDING AVAILABLE

VCF Funding (for conference only) is available for participation from Singapore's voluntary sector. Please contact care@duke-nus.edu.sg for details.

CONVENIENT WAYS TO REGISTER

Online: To Be Announced
Email: care@duke-nus.edu.sg
Mail: APRU 2017 Centre for Ageing
Research and Education
Attn: CARE
Level 4, DukeNUS Medical School
8 College Road. Singapore 169857

- Payment must accompany registration form.
- Processing takes 7-10 business days.
- Online, email or mail registration payment is with credit card only (Credit/Debit Card)(VISA/Mastercard/AMEX)
- Cash payment is with Singapore dollars only
- A non-refundable \$20 processing fee is applied for all emailed and mailed registrations. To avoid this fee, register online!

For all enquiries on APRU 2017 contact care@duke-nus.edu.sg

LOCAL EDUCATIONAL TRIPS

Singapore has been very focussed on developing the infrastructures needed for a rapidly ageing nation. The trips provide participants with the opportunity to observe and experience first-hand the innovative programmes developed for seniors across their lifespan. Participants will have the chance to converse and interact with the programmes implementers and participants. Attendees will be able to register for these visits without an additional cost. Participation however is on a first come first serve basis as each site can only accommodate a limited number. Please register early to ensure your place.

POST-CONFERENCE WORKSHOP

Longitudinal Data Analysis in Ageing Research

Over the past decade the availability of longitudinal data on older adults has increased significantly. One of the difficulties facing longitudinal data is attrition. In this workshop we address how attrition can be handled in longitudinal data sets. We discuss ways to avoid attrition including strategies to keep respondents on the panel. In addition, we discuss ways to handle attrition in analysis of longitudinal data. The workshop also covers issues of missing data and imputation. Data from the Panel on Health of Singaporean Elderly (PHASE) will be used. This dataset has 3 waves and is available for analysis upon request (after the workshop).

ABSTRACTS

Call for Abstracts

Share your research findings and increase the visibility and impact of research.
Key dates for abstract submission

- **31st July 2017: Abstract submission closed**
- **15th August 2017: Notification to authors of shortlisted abstracts**
- **5th September 2017: Submission of slides**

SPONSORSHIPS

APRU 2017 provides you with the opportunity to increase your visibility and connect with the ageing industry across academia, policy and practice.

We are looking for sponsorship for the following:

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For more information contact : care@duke-nus.edu.sg

HOTEL ROOMS

CARE has selected a range of hotels in the vicinity of the conference for attendees that can meet a range of budgetary and other needs. Get access to your top-choice hotel by booking your hotel room online.

LION CITY

Close to the heart of the city, and just 30 minutes from Singapore Changi Airport, delegates to Singapore will have no trouble filling their down time during their stay when you find yourself immersed in Singapore's rich tapestry of cultures, heritage hubs, art and gastronomical experience. Discover your eclectic experience and the hidden gems in Singapore's ethnic districts, Gardens by the Bay, and find out more here (<http://www.yoursingapore.com/en.html>) Register today!



Little India



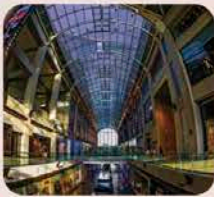
Arab Street



Chinatown



Sentosa



***The Shoppes
Marina Bay Sands***



***Gardens
By the Bay***



SEA Aquarium



ArtScience Museum

